

ACNEM Training

Environmental Health

27 & 28 NOVEMBER 2021



ONLINE TRAINING SCHEDULE

Saturday 27th November 2021

DURATION	TOPIC	PRESENTER
6 minutes	Welcome	MC – Dr Mark Donohoe
40 minutes	Chronic disease due to toxins	Dr Joe Pizzorno
40 minutes	Fundamentals of practicing environmental medicine	Dr Joe Pizzorno
5 minutes	Practical Session: Soft Hands, Warm Heart	Fiona Donohoe-Bales
41 minutes	Chemical toxins	Dr Joe Pizzorno
40 minutes	Metal toxins	Dr Joe Pizzorno
20 minutes	Practical Session: Chair Yoga for Upper Back and Shoulder Tension	Fiona Donohoe-Bales
45 minutes	Chemical Pollutants – Part 1	Dr Tim Ewer
42 minutes	Chemical Pollutants – Part 2	Dr Tim Ewer
5 minutes	Practical Session: Stretching to Counteract Sitting All Day	Danielle Roberts
30 minutes	Wireless technologies and their impact on human health. A clinical perspective	Nicole Bijlsma
	Airborne Pollutants	Prof Stephen Myers
	Wrap Up & Close	MC – Dr Mark Donohoe

ONLINE TRAINING SCHEDULE

Sunday 28th November 2021

DURATION	TOPIC	PRESENTER
	Welcome	MC – Dr Prof Stephen Myers
40 minutes	Biotoxins & the Chronic Inflammatory Response Syndrome	Dr Sandeep Gupta
40 minutes	Patient Assessment – Taking a EH History	Dr Mark Donohoe
5 minutes	Practical Session: Breathing Space	Fiona Donohoe-Bales
60 minutes	Strategies for living toxin free	Dr Joe Pizzorno
63 minutes	Why the integrative clinician needs a Building Biologist	Nicole Bijlsma
20 minutes	Practical Session: EFT	Cecily Chun
50 minutes	Assessment of Toxic Load	Dr Christabelle Yeoh
47 minutes	Clinical Applications	Dr Mark Donohoe & Dr Christabelle Yeoh
49 minutes	Treatment Approaches	Dr Mark Donohoe & Dr Christabelle Yeoh
	Wrap Up & Close	MC – Prof Stephen Myers

Saturday 4th December 2021

TIME	TOPIC	PRESENTER
12.00 – 12.45pm	Q&A with Dr Joe Pizzorno	MC – Dr Mark Donohoe & Dr Joe Pizzorno
1.00 – 1.45pm	Q&A panel	MC – Dr Mark Donohoe Dr Tim Ewer, Nicole Bijlsma